

Spring Meltdown 2018 Friends of Woburn Lacrosse (Billerica and Woburn Lacrosse)

For: Boys and Girls Ages 13 to 18 (freshman to senior year)

Location: Woburn Memorial High School, Connolly Field

When: March 12th-15th

Time: 3:30pm - 5:30pm

Fee: \$115 Per Player (\$100 for an additional family member)

Please Contact us with any questions at acaggiano@woburnps.com

The directors and coaches for the program established their primary mission in preparing players physically for the upcoming season and sharpen their overall skill sets. Our program offers dynamic reinforcement of basics to younger players coming in, and challenging, more complex skill sets to older, experienced players. Over the past eight years we have found the conditioning routines have been invaluable to getting players ready for the upcoming season

- Boys need full contact lacrosse gear and dress appropriately for the weather.
- Girls will need stick, goggles and dress appropriately for the weather.
- All players must have proper safety equipment including a mouth guard!

Retain the top half for your information and return bottom half with payment to:

**Woburn Lacrosse attn: Stephanie Metivier
Kennedy Middle School**

41 Middle St. Woburn Ma 01801

*****Make all checks payable to: Friends of Woburn Lacrosse*****

Name: _____

Age _____ School year: 9 / 10 / 11 / 12 circle

Home Address: _____

City _____

Team: _____

Email _____

Parents or Legal Guardian: _____

Emergency contact: _____

Phone: _____

Medical Issues we should know about _____

Player Information (please circle) Sex: M / F

Position: Attack Midfield Defense Goalie

Shirt Size: Adult S M L XL XXL

I give permission for my child/minor guardianship to participate in the spring meltdown I agree to hold harmless the city and/or its employees or volunteers from claims of liability related to any accident or injuries that may occur. I give permission for medical treatment to be given to my child if the need arises.

Signature _____ Date: _____

